

TAKE CONTROL

Take Control is powered by:



Get the skills your bike deserves!

***Training courses for motorcycle,
scooter and moped riders***

Professional & friendly instructors

Quality for insurance discounts

Half day course FREE

Full day course for £30

Maximum 2 riders per instructor

Time and location to suit you



To book call 0845 370 9191

email info@90-ONE.com

www.takecontroltraining.co.uk

the courses

FOR MOPED RIDERS

CBT Plus

FREE half day courses for riders wanting to learn more advanced riding skills and techniques.

An ideal follow up to CBT.

Auto to Gears

FREE half day courses for riders who want to progress to a 125 but have only ever ridden a moped.

FOR 125 RIDERS

125 Rider Development

Choose from a FREE half day course or more extensive full day course for £30.

A confidence boosting skills development session suitable for all 125 riders.

FOR RIDERS OF MORE POWERFUL BIKES

Skills Enhancement

A day long skills enhancement course to help improve your riding technique, skills and confidence - only £30.

feedback

"I had four hours with Paul. Apparently I was pretty good but I had a tendency to run a bit wide towards the centre of the road when out in the lanes. Paul suggested I spend a few weeks practising the stuff we did on the day and then book a two hour refresher, which I will. Excellent, give me more I say!"

"Went on a three hour jaunt yesterday evening with 'my crowd'. There were loads of right turns and they all seemed a lot better than before. So thanks very much. Tuesday may have been a turning point."

"A short note to thank you for a very interesting, informative and entertaining day on Sunday. Both my wife and I enjoyed the experience and have come away from it with techniques and ideas that I know will make us both better riders."

"Thank you for the subsidised advanced motorcycle training. The instructor was extremely good and despite having ridden for 35 years I learnt a lot and found that I could ride more smoothly, with more awareness and a generally safer fashion. The initiative is highly commendable."

Supporters of Take Control



www.takecontroltraining.co.uk

get set

Train and Gain with Take Control

- Courses suitable for all riders regardless of the type of bike you ride or how long you've been riding.
- Training is tailored to individual rider's needs, experience and confidence.
- Open to anyone who rides in Herefordshire, Shropshire, Telford & Wrekin, Warwickshire, Worcestershire.
- Meet at a convenient location.
- Training is provided by qualified and experienced instructors from 90-ONE Rider Education on behalf of Warwickshire County Council and Safer Roads Partnership in West Mercia.
- Full radio communication with instructor throughout training.
- Maximum two riders per instructor.
- Training is undertaken on your own machine.

Insurance Discount

You can use Take Control to help towards the Driving Standards Agency's 'Enhanced Rider Scheme' which may then qualify you for insurance discounts from the many insurers who support the scheme.

It may be possible to achieve the standard in a day, but normally it takes a little longer. 90-ONE Rider Education can provide further information, training and support if needed.

The Enhanced Rider Scheme is open to all bike riders who have a full motorcycle licence no matter what size of bike they ride.

go to www.direct.gov.uk/ERS



Complete a Take Control training session to benefit from an exclusive offer with MCE Insurance.

New & Existing MCE customers

10% discount
on motorcycle or scooter insurance

www.mcebikes.com

MCE Insurance quote line 0844 33 86 999

Take Control discount code 1991

Terms and conditions apply.

To book call 0845 370 9191 or email info@90-ONE.com



get ready

Whatever type of biking you're in to, Take Control will help you get the most from your ride. Our professional instructors, all experienced and enthusiastic riders, will show you how to modify your technique to achieve smoother, safer and trouble-free riding.

Our clients say that Take Control is a great day out, a lot of fun and the perfect way to brush up on riding skills. 99% of riders say Take Control has improved their riding skills and confidence and would recommend Take Control to others.* Costing just £30 for a full day or a free half day course for moped, scooter or 125 riders, Take Control is the ideal excuse to get out on your bike.

We can book your course at a time to suit you and even arrange a convenient start venue, usually a favourite café.

**based on analysis of completed Take Control self completion evaluation forms 2009.*



get out!

A typical

9 am

Tony and Paul hook up at a convenient café. A chat over a coffee allows Paul to match the day's training to Tony's riding needs.

Kit & equipment is checked, a two-way comms system fitted and a safety briefing given then... it's time to ride out.

9.30 am

The riders start off on quiet roads so that Paul can make an initial assessment of Tony's current riding skills.

11 am

Time for a cuppa and an off the bike chat. Paul's been impressed with Tony's riding but he's spotted where improvements could be made.

He talks Tony through some riding techniques that will help him to ride more smoothly and with greater control.

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Will Tony be back?

Many riders are booking refresher courses or going on to other training programmes when they realise how much more they can get out of their riding thanks to the advice given by expert riders.

day out with Take Control.

11.30 am

Paul and Tony ride through some urban areas, a completely different challenge for a rider.

1 pm

Over lunch there's a lot of bike talk... and a de-brief on the morning session.

1.45 pm

Back onto rural roads to work on road positioning, cornering, braking and forward observation.

Paul gives Tony regular feedback over the two-way comms system.

3.45 pm

It's practise, practise, and more practise.

4.30 pm

A final de-brief before Paul gives Tony a last few words of advice.